



# SUGGESTED INTERVIEW QUESTIONS

- Dr. Fuhrman, in your book, *Cholesterol Protection for Life*, you say “No one needs to have a heart attack,” but heart disease is still the #1 killer in America. Why is that?
- Why is lowering cholesterol so important?
- You say that more than 95% of all Americans over age 40, already have the plaque build-up that could lead to a heart attack. What’s the most important thing we can do to change that?
- In your new book, you say that an angiogram or cardiac stress test is not a good indicator of heart attack risk. . .so what is?
- And why are doctors still performing these tests, if they know they are useless?
- What about drugs? Most doctors use drugs as the #1 treatment of choice to lower cholesterol. You say drug therapy is a distant 2<sup>nd</sup> choice. Why?
- Which cholesterol-lowering supplements have risks, which don’t, and which ones really work?
- What are the 2 most important things we can do to lower cholesterol and prevent heart disease?
- Why won’t doctors give us this information?
- Tell us about the results you get with your patients in contrast to those under conventional cardiac care.
- Dr. Fuhrman, who should buy **CHOLESTEROL PROTECTION FOR LIFE?**

